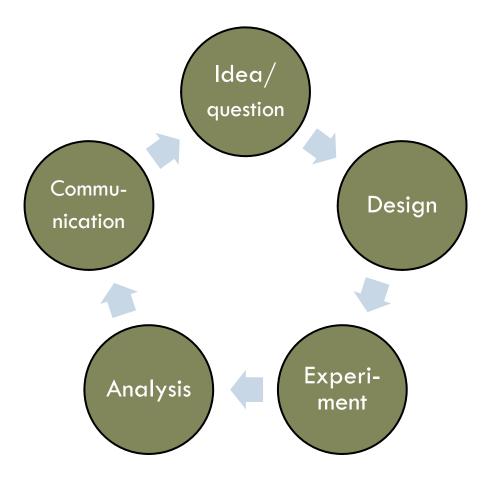
EXPERIMENTAL DESIGN IN HUMAN RESEARCH

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Tutorial

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Empirical cycle



Overview

1. From Idea to Design

2. Research design

- 1. Types of research
- 2. Design of an experiment

3. Measures (Messinstrumente)

- 1. Kind of measures
- 2. Operationalization
- 3. Quality of a measure

4. Confounding variables

- 2. Participant variables
- 3. Experimenter variables

Two running examples

1. What is the <u>influence of</u> <u>environmental noise (e.g., traffic) on BCI</u> <u>performance?</u>

2. How does <u>mood (e.g., happyness,</u> <u>sadness) affect BCI performance?</u>

From Idea to design: Relevance

What makes a *good* research question?

Practical relevance

Benefit for society

Theoretical relevance

From Idea to design: Relevance

"Influence of environmental noise on BCI performance"

Practical relevance

 Patients/users live in noisy environments → assess the robustness of your BCI system in a (more) realistic setting

Theoretical relevance

 Auditory noise can draw attention learn more about the attentional processes involved in BCI

From Idea to design: Relevance

"Influence of mood on BCI performance"

Practical relevance

 Patients often suffer from depression, healthy subjects (usually) don't

Theoretical relevance

• Investigate the cognitive link between emotional states such as happyness/sadness and ERD-ERS/P300/etc.

From Idea to design: Further points

Ethical standards

- Experimental design meets ethical standards of, e.g. Helsinki Declaration?
- Approval of ethical standards committee?

Ethics: rule of thumb

- Participants volunteer (written consent)
- Data is processed anonymously
- You don't fool the participant / tell lies (
 if you have to, detailed debriefing)
- The experiment does not have negative consequences for the participant

Feasibility

- Time
- Money
- Availability of participants

Overview: 2. Research design

Types of research

Descriptive research

➔ Measure a dependent variable

Causal research /Experiment

Measure effect of independent variable on dependent variable

Relational research /Quasi-experiment

Measure correlation between two dependent variables

- Design of an experiment
 - Between-subjects design
 - Within-subjects design
 - Mixed design
- Validity
 - Internal validity
 - External validity

Research design: Variable

Variable: "A factor or a particular situation that can change in observable and measurable ways"

Research design: Indepedent variable

Manipulation (active)

- different states of the variable(s) are set by the experimenter
- Usually, the independent variable(s) is/are <u>discrete</u> and has/have a number of different levels (subconditions/Unterbedingungen)
 - Independent variable: Noise
 - Subcondition 1: No noise (NN)
 - Subcondition 2: Environmental noise @60 dB (EN)
 - Subcondition 3: Classical music @60 dB (CM)

Research design: Dependent variable

- Measurement (passive)
- Usually, the dependent variable(s) is/are <u>continuous</u> (can have many different values)
- Examples
 - Reaction time
 - Error rate
 - ERP (event related potential) amplitude

Research design: Causal research/Experiment

Independent variable

Causal relationship

Dependent variable

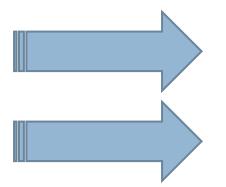
- Subcondition 1 of independent variable dependent variable
- Subcondition 2 of independent variable dependent variable
- □ To establish a causal link between independent and dependent variable (for subconditions 1 and 2), Value 1 ≠ Value 2 (statistically significant)
- In other words, you reject the nullhypothesis that Value 1 = Value 2

Research design: Causal research/Experiment: Example

 Nullhypothesis (H0): "There is no effect of noise on BCI performance"

No noise

Environmental noise



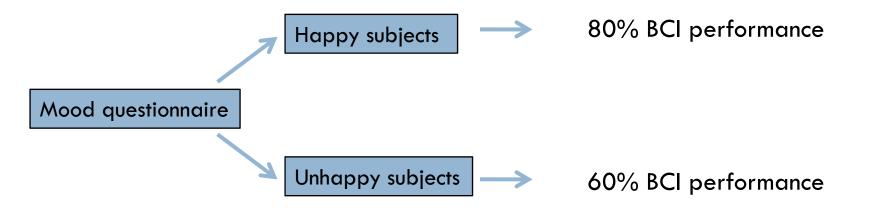
80% correct BCI control 60% correct BCI control Research design: Relational research/Quasi-experiment



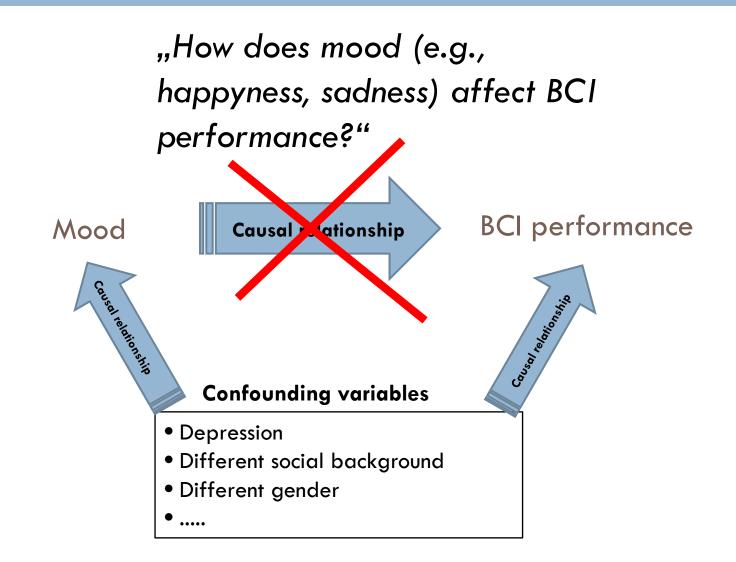
- Measure two (or more) dependent variables
- Establish whether there is a correlation between these variables
- You cannot investigate <u>causal</u> relationships!

Research design: Relational research/Quasi-experiment: Example

"How does mood (e.g., happyness, sadness) affect BCI performance?"

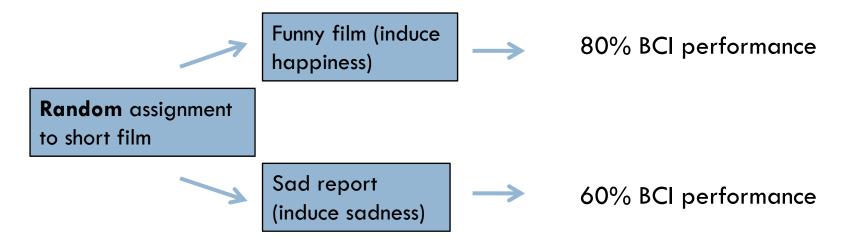


Research design: Relational research/Quasi-experiment: Example



Research design: From quasiexperiment to experiment: Example

> "How does mood (e.g., happyness, sadness) affect BCI performance?"



Research design: Experiment vs quasiexperiment

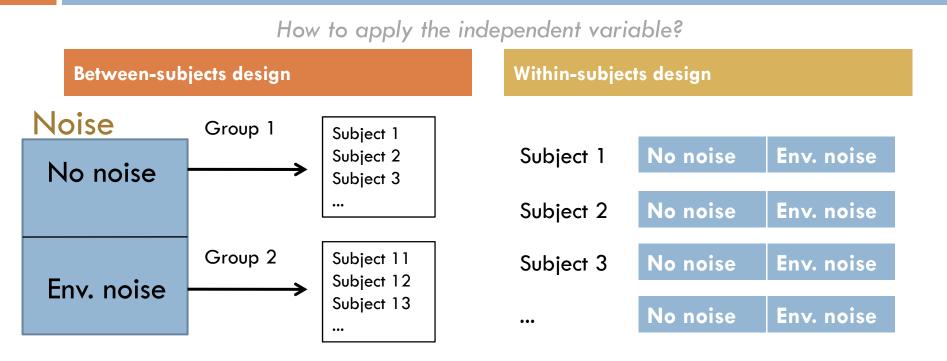
(Hypothetical) research question: What is the influence of meditation on BCI performance?

- Quasi-experiment
 - Group 1: People who meditate
 - Group 2: People who don't meditate
- passive observation of the factor "meditation" (dependent)
- no causal relationship, only correlation

Experiment

- People who did not meditate yet, <u>randomly</u> assigned to:
- Group 1: Meditate 15 min/day
- Group 2: Do not meditate
- Active manipulation of the factor "meditation" (independent)
- causal relationship

Research design: Between/within subjects design



Disadvantages

- Groups might differ
- If there are N subjects, you have only N/2 subjects for each subcondition (with 2 subconditions)

- The order of the blocks can be important
- There might be interaction between the subconditions

Experimental design: Between-subjects

- □ (True) experiment → <u>Random assignment</u> of subjects to groups
- Patient studies: ALS patients vs. Healthy control group
 relational studies (quasi-experiments)
- Use <u>matching</u> to reduce the number of confounding variables

Patient Health status: ALS Age group: 30-40y Education: academic etc

(Matched) control

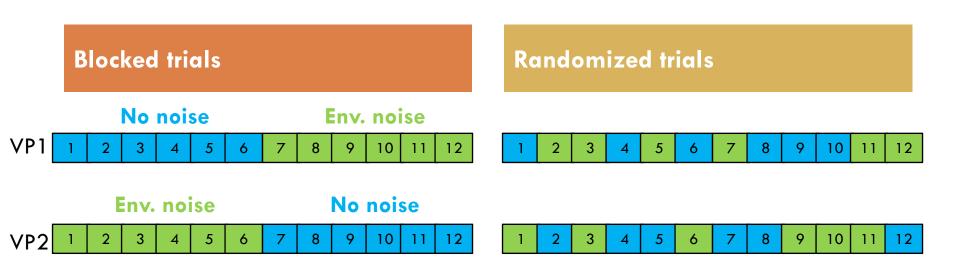
Health status: healthy

Age group: 30-40y

Education: academic

etc

Experimental design: Within-subjects



- Take into account order effects
 - Counterbalancing
 - Randomization
- Expectancy effects?

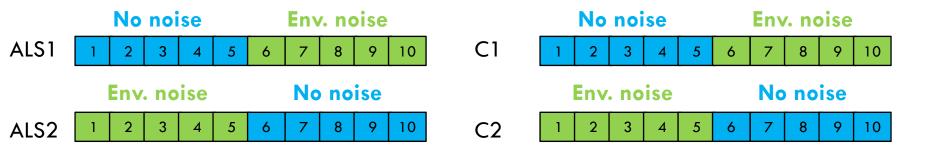
- Reduces effects of expectancy
- But does not always make sense

Experimental design: Mixed-design

- Both designs can be mixed: Example with a 2 factor design
- □ Factor 1: ALS (ALS patients, healthy subjects) → between-subjects
- □ Factor 2: Noise (on,off) → within-subjects

Group 1: ALS patients

Group 2: healthy controls

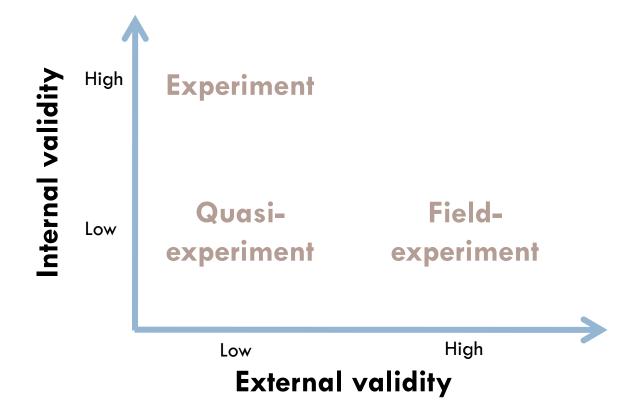


ALS3

C3

Experimental design: Validity

- □ Internal validity: The validity of (causal) inferences in scientific studies
- External (aka ecological) validity: The validity of the <u>generalization</u> of inferences in scientific studies (to the whole population)



Experimental design: Increase validity

How to increase internal validity

- Between-subjects design: <u>Random assignment or matched</u> groups
- Within-subjects design: <u>Counterbalancing</u> or <u>randomization</u>
- <u>Elimination</u> or <u>constantness</u> of (potentially) confounding variables
 - Artificial environment (constant lighting, constant noise)
 - Well-defined or automatized experimental procedure
 - Good operationalization of your constructs (next section)

How to increase external validity

- □ Aselect group → subjects of different age, different social background etc.
- Natural(istic) environment

Unfortunately, increases in internal validity usually cause decreases in external validity and vice versa

Overview: 3. Measures / Messinstrumente

- Measuring human function
- Operationalization
- Quality of a measure
 - Objectivity
 - Reliability
 - Validity

Measures: Human function

Zer A

Overt/behavioral measures

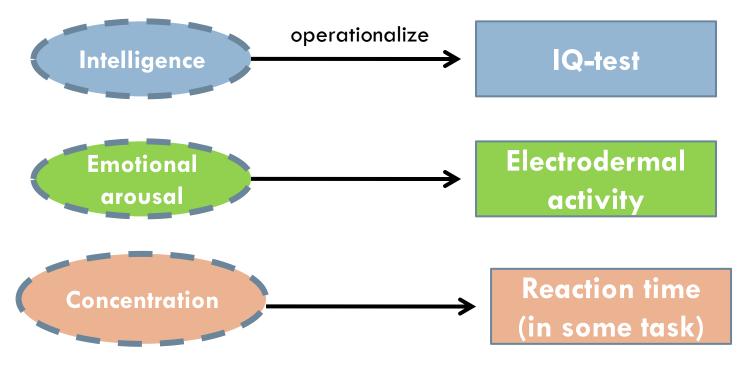
- Psychophysical measures
 - Reaction times (RT)
 - Accuracy
- Subjective report
 - Questionnaire
 - Interview
- Observation

Physiological measures

- Brain activity (EEG, MEG, ...)
- Skin conductance
- EMG
- Derived measures (e.g., classifier output)

Measures: Operationalization

Process of translating (an aspect of) a <u>psychological</u> <u>construct</u> (latent variable) into a <u>measurable</u> <u>variable</u>



Measures: Quality-> objectivity

Objectivity

- The measurement should be independent of the person who is making the measurement (Versuchsleiter)
- Objectivity can be violated due to
 - Variability in the behavior of an individual experimenter/Versuchsleiter
 - Variability between multiple experimenters/Versuchsleiter

Measures: Increasing objectivity

- Strict experimental procedure (how-to's)
- □ The role of the experimenter should be minimized
- Constant order of submeasurements (e.g., Vormessungen and Hauptmessung)
- Written instruction!!
- $\square \rightarrow$ standardized, automatized experiment

Measures: Quality-> reliability

Reliability

- The precision of a measure
- The part of the variance which is explained by real differences and not by measurement errors

Measures: How to measure reliability

Test-retest reliability

- Repetition of the measurement should yield identical results (if the construct you measure is stable)
- □ → sometimes violated due to memory effects

Parallel-test reliability

A comparable measure should yield comparable results

Split-half reliability

Split in two halves Solution same result?

Interrater reliability (observation)

Measures: Quality -> validity

Validity (aka construct validity)

- The extent to which a test measures the construct that it should measure
- □ → the quality of the operationalization, crucial for making (causal) inferences
- Validity is not easily given by a single statistic, but by a body of research demonstrating that a measure is related to the psychological construct it should measure

Measures: How to measure validity

Content validity

- The different parts of the measurement (e.g., items in a questionnaire) cover the whole range of aspects of a construct e.g. IQ-score and creativity
- Sampling analogy
- high correlation with other (accepted) tests of the construct
- Divergent validity
 - Two measures should not be correlated if their underlying constructs are unrelated arousal